



Since 1868

TRADE MARK

**HOME BUSINESS
OPPORTUNITY**



Trusted Natural Products
Since 1868
JRWatkins.com

U.S. \$2.99



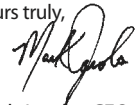
**Handcrafted in the USA
since 1868 ... Naturally.™**

Dear Friends,

As we begin our 146th year of producing only the finest natural products, all of us at the J.R. Watkins Company want to extend our heartfelt thanks for putting your trust in us. Just as our founder J.R. Watkins did when he started this great company in 1868, we strive to give you nothing but the best. Although there have been many changes throughout our long history, what remains a constant are the guiding principles listed below. More than a century ago, our founder called these the "Watkins Way".

We are proud to carry on J.R. Watkins' vision and continue to believe that his way, the Watkins Way, is what makes the J.R. Watkins Company and our products so special.

Thank you again for being a part of this great tradition.

Yours truly,


Mark Jacobs, CEO

The WATKINS WAY

Based on our Founders Principles established over 100 years ago and our goal to be America's most trusted natural products company.

The Highest Quality

We source only the best ingredients worldwide to meet our premium quality standards.

The Best Value

We offer exceptional value for a premium, quality product.

The Neatest Package

We strive to provide a package that is authentic, stylish and convenient for our customers.

The Best Delivery

We aim to exceed our customers' expectations.

The Squarest Terms

We promise to get it right or make it right.

The Fairest Treatment

We treat our customers, our employees and our partners with respect.

The Greatest Uniformity

We provide products that consistently meet our high standards.

The Strictest Integrity

We stick consistently with our values.

The Broadest Guarantee

We invented the money back guarantee in 1868 and continue to stand behind it today.

All of the above Points of Superiority make up THE WATKINS WAY, and you will agree that it is a good way.



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pages 3-9



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Natural-Based Remedies and Supplements
pages 21-23



Food items bearing the Kosher symbol have been developed in accordance with Jewish Dietary Laws. Watkins designated kosher certifying agency has examined these items and has approved that they adhere to stringent kosher standards.



See Watkins Natural Gourmet products recommended by the Cooking Club of America.



The Natural Products Association certifies natural personal care products with formulas that are at least 95% natural and made from sustainable resources. Watkins Natural Personal Care line has earned this certification.



The Environmental Protection Agency's *Designed for the Environment* seal ensures cleaning products displaying the seal have been formulated using the safest ingredients for human and environmental health.

Satisfaction Guaranteed

If a Watkins product used in your home is, for any reason, considered unsatisfactory, please return it to your Independent Watkins Consultant for a full refund of the purchase price.

NATURAL GOURMET



Vanilla is the most popular flavor in the world

Original Double Strength Vanilla

A. Watkins award-winning Original Vanilla is made from the world's finest Madagascar Bourbon vanilla beans. Our secret low-alcohol, double-strength formula is the best all-purpose vanilla for baking and freezing. 01008 (11 fl oz/325 mL) **\$14.99** ~~14~~ **Value Size!**

Double Strength Imitation Clear Vanilla Extract

B. For wedding cakes and other baked goods that need to be pure white, professional bakers choose our colorless Clear Vanilla, which has all of the bake-proof, freeze-proof, double-strength flavor of our famous Original Double Strength Vanilla. 01007 (11 fl oz/325 mL) **\$10.99** ~~10~~ **Value Size!**

Pure Madagascar Bourbon Pure Vanilla Extract

C. Watkins uses only the finest Madagascar Bourbon vanilla beans, aged to perfection to create our quality pure vanilla. 60400 (1 fl oz/29 mL) **\$4.49**
60387 (2 fl oz/59 mL) **\$6.29**



Few companies can claim a name association with vanilla like Watkins. We have been producing the world's finest vanilla for over 100 years and are recognized as the name in vanilla by hundreds of thousands of loyal customers. We offer a number of different vanillas to fit your needs:

- Original Double Strength Vanilla — Excellent in recipes that require baking or freezing
- Double Strength Imitation Clear Vanilla Extract — All the vanilla flavor without the color
- Pure Madagascar Bourbon Vanilla Extract



Baker's-Sized Extracts

A. Watkins superior quality extracts in a large, value size for serious bakers! (11 fl oz/325 mL)

01009 Almond—**NEW**

01010 Butter

\$11.99 each ↗

All-Natural Pure Extracts

01011 Pure Lemon ☺ **\$12.99**

01012 Pure Vanilla ☺ **\$19.99** ↗

All-Natural Pure Extracts

B. Our pure, all-natural extracts are made from natural oils, so they are free of artificial colors and flavors. For pure flavor, come to Watkins. (2 fl oz/59 mL)

60430 Pure Anise ☺

60379 Pure Coffee—**NEW**

60395 Pure Lemon ☺

60437 Pure Mint ☺

60392 Pure Orange ☺

60394 Pure Peppermint ☺

\$3.49 each

60391 Pure Almond ☺ **\$4.49**

Purest Ground Cinnamon ☺ All-Natural

D. Our award-winning, high-oil Korintje cassia cinnamon has been a part of family rituals for more than 100 years. With about twice as much flavor as the Ceylon variety, it's the best quality cinnamon available anywhere. Watkins high-oil Korintje cassia contains 3 to 3.5% essential oil, while many others contain only 1 to 2%. Some inferior brands contain as low as .5%!

01115 (6 oz/170 g) **\$8.49** ↗

Purest Granulated (not ground) Black Pepper ☺ All-Natural

E. At Watkins, we buy top-quality Malabar and Lampong peppercorns (the two most potent varieties), carefully screen out fillers and stems, then granulate (not grind) them through our exclusive process that preserves their high essential oil content. Experience the Gold Medal-winning taste of the most flavorful pepper on the market!

60396 (2 oz/56 g) (not shown) **\$3.99**

00581 (4 oz/113 g) (not shown) **\$6.29**

01140 (6 oz/170 g) **\$9.99** ↗

01141 (12 oz/340 g) **\$16.49** ↗

pure and savory ingredients

Gourmet Extracts and Flavorings

C. These quality extracts are concentrated—and all backed by the same expertise that has made Watkins Vanilla the choice of generations. (2 fl oz/59 mL)

60380 Almond

60431 Banana

60432 Butter

60445 Caramel ☺

60433 Cherry

60443 Chocolate—

Limited Quantities

60434 Cinnamon ☺ —

Limited Quantities

60435 Coconut

60378 Hazelnut ☺—**NEW***

60436 Maple ☺

\$3.49 each

60390 Vanilla (Original Double Strength) ☺ **\$4.19**

60444 Peanut Butter ☺

Limited Quantities

60452 Pumpkin Spice ☺—**NEW***

60438 Raspberry ☺

60439 Root Beer ☺

60440 Rum

60441 Strawberry

60389 Vanilla (Clear) ☺

60442 Vanilla Nut ☺ —

Limited Quantities



Dessert and Frosting Mixes

F. Get the goodness of homemade with the convenience of a mix! Each can makes 17-37 servings of luscious puddings, pies, sauces, fillings and frostings. (Recipes are included.)

21014 Chocolate (6.71 oz/190 g)

21015 Coconut (8.1 oz/230 g)

21016 Lemon (9.88 oz/280 g)

\$9.99 each ↗

Cinna-Cream Sprinkles— Limited Quantities

G. Combine Watkins Cinnamon with the sweet, creamy taste of vanilla icing, and suddenly your morning toast tastes like a cinnamon bun! Just sprinkle on buttered toast; also great on cereal or oatmeal.

25310 (5.64 oz/160 g) **\$9.99** ↗



* Coming in August



A



B

All-Natural Gourmet Herbs & Spices

A. For over 100 years, Watkins has offered only the best herbs and spices from around the world. Our all-natural spices contain only the highest volatile oils and are packaged for optimal freshness.

- 00605 Curry Powder (1.76 oz/50 g)
- 00649 Garam Masala (1.73 oz/49 g)
- 00634 Herbes de Provence (0.63 oz/18 g)
- 00610 Onion Powder (2.12 oz/60 g)
- 00611 Oregano Leaves (0.53 oz/15 g)
- 00613 Parsley Flakes (0.21 oz/6 g)
- \$3.98 each**
- 00658 Creamy Cinnamon Sugar (3.39 oz/96 g)—**NEW***
- \$4.49**
- 00647 Allspice (ground) (1.62 oz/46 g)
- 00601 Basil (0.46 oz/13 g)
- 00631 Caraway Seed (1.76 oz/50 g)
- 00620 Cayenne Red Pepper (ground) (1.76 oz/50 g)
- 00627 Celery Seed (1.83 oz/52 g)
- 00635 Chives (chopped) (0.12 oz/3 g)
- 00644 Cilantro Leaves (0.46 oz/13 g)
- 00603 Cinnamon (Saigon) (1.83 oz/52 g)
- 00622 Coriander Seed (ground) (1.3 oz/37 g)
- 00604 Cumin (ground) (1.52 oz/43 g)
- 00623 Fennel Seed (1.52 oz/43 g)
- 00607 Garlic Powder (2.68 oz/76 g)
- 00621 Italian Seasoning (0.63 oz/18 g)
- 00630 Marjoram Leaves (0.28 oz/8 g)
- 00609 Mustard (ground) (1.76 oz/50 g)
- 00626 Poppy Seed (2.29 oz/65 g)
- 00633 Red Pepper (crushed) (1.20 oz/34 g)
- 00614 Rosemary (crushed) (1.06 oz/30 g)
- 00615 Sage (ground) (0.63 oz/18 g)
- 00629 Sesame Seed (2.08 oz/59 g)
- 00616 Thyme (0.70 oz/20 g)
- 00632 Turmeric (ground) (2.01 oz/57 g)
- 00638 White Pepper (ground) (1.94 oz/55 g)
- \$4.98 each**

- 21912 Garlic Herb Seasoning (1.76 oz/50 g)—**NEW***
- 00656 Pumpkin Spice (1.83 oz/52 g)—**NEW***
- \$5.29 each**
- 00652 Chinese Five Spice Blend (1.76 oz/50 g)
- 00637 Cream of Tartar (2.82 oz/80 g)
- 00606 Dill Weed (0.53 oz/15 g)
- 00608 Ginger (ground) (1.62 oz/46 g)
- 00646 Mint Flakes (0.28 oz/8 g)
- 00648 Orange Peel (1.59 oz/45 g)
- 00641 Poultry Seasoning (1.27 oz/36 g)
- 00624 Tarragon Leaves (0.38 oz/11 g)
- \$5.98 each**
- 00628 Bay Leaves (0.21 oz/6 g)
- 00642 Cinnamon Sticks (0.88 oz/25 g)
- 00653 Lemon Peel (1.62 oz/46 g)
- 00618 Nutmeg (ground) (1.94 oz/55 g)
- \$6.98 each**
- 22006 Onion & Garlic Pepper (2.29 oz/65 g)
- \$6.99**
- 00617 Cloves (ground) (1.76 oz/50 g)
- \$8.98**
- 00639 Cardamom (ground) (1.76 oz/50 g)
- 00655 Cloves (whole) (1.27 oz/36 g)
- 00651 Madagascar Vanilla Beans (2 beans)
- \$10.98 each**
- 00654 Saffron (spanish) (0.07 oz/2 g)
- \$21.98**

* Coming in August

All-Natural Gourmet Grinders

B. Satisfy your craving for seasonings with Watkins grinders. These disposable grinders have a unique, eye-catching design, and the top-quality ingredients inside will please your palate. The grinders are convenient and easy to use—just twist to grind.

- 00534 Chicken Seasoning (1.9 oz/54 g)
- 00531 Coarse Sea Salt (3.1 oz/90 g)
- 00532 Four Peppercorn Blend (1.6 oz/48 g)
- 00533 Garlic Peppercorn Blend (2.2 oz/65 g)
- 00539 Garlic Sea Salt (2.65 oz/75 g)—**NEW**
- 00537 Lemon Pepper (2.40 oz/68 g)—**NEW**
- 00540 Pizza & Pasta Seasoning (2.05 oz/58 g)
- 00538 Seafood Seasoning (1.94 oz/55 g)
- 00541 Steak & Chops Seasoning (1.9 oz/54 g)
- 00530 Whole Black Peppercorns (1.7 oz/50 g)
- \$5.99 each**



D

Gourmet Herbs & Spices

D. A pioneer in spices and seasonings since the late 1800s, Watkins has grown and diversified our spice line while retaining the high quality that has become associated with the Watkins name.

- 00645 Cajun Seasoning (2.26 oz/64 g)
- 00643 Celery Salt (2.72 oz/77 g)
- 00625 Chipotle Chile Pepper (2.01 oz/57 g)
- 00612 Paprika (ground) (1.76 oz/50 g)
- 00619 Paprika (smoked) (1.9 oz/54 g)
- \$4.98 each**
- 00602 Chili Powder (2.12 oz/60 g) **\$5.98**



C

Gourmet Original Barbecue Sauce

C. Our expertly-blended, sweet and spicy sauce is the perfect addition to any backyard barbecue!

01150 (14.5 fl oz/411 g) **\$6.99** ~~7.99~~



A



B



E



F-G

Gourmet Seasoning Mixes—**NEW**

A. Gourmet meals are made simple with Watkins Gourmet Seasoning Mix pouches. This convenient no-measure, one-time use pouch ensures you have the perfect recipe every time. Made with natural spices, no artificial flavors, and no added MSG, these mixes will satisfy your family's cravings for flavor and quality.

Purchase in a quantity of 12 eaches, same flavor, to receive a display box for convenient organization (shown below).



- 06691 Brown Gravy (0.87 oz/24 g)
- 06690 Taco Seasoning (1.25 oz/35 g)
\$.99 each ✂
- 06694 Chicken Gravy (0.87 oz/24 g)—**NEW***
- 06692 Chili Seasoning (1.25 oz/35 g)
- 06693 Turkey Gravy (0.87 oz/24 g)
\$1.39 each ✂
- 06693 Fajita Seasoning (1.02 oz/29 g)—**NEW***
- \$1.19** ✂

* Coming in September

Cooking Spray

C. Non-stick butter-flavored cooking spray lets you achieve virtually fat-free cooking. Nearly 1,600 servings per can!

01040 (14 oz/397 g) **\$8.99** ✂

Baking Powder

D. Our double-acting baking powder is made without any aluminum compounds.

01039 (9.24 oz/262 g) **\$6.99** ✂



C-D

Soup and Gravy Bases

B. Whip up delicious stocks, gravies and sauces without hassle. Real beef, chicken, mushrooms and other wholesome ingredients provide homemade flavor without expensive canned soups and overly-salty bouillon cubes.

- 21175 Beef (8.29 oz/235 g)
- 21176 Chicken (8.29 oz/235 g)
- 21179 Cream (8.64 oz/245 g)—Limited Quantities
- 21177 Mushroom (7.58 oz/215 g)
- 21178 Onion (8.64 oz/245 g)

\$9.99 each ✂

Gourmet Snack & Dip Seasonings

E. Create crowd-pleasing dips, spreads, cheese balls, and more with our versatile Gourmet Snack & Dip Seasonings.

- 02069 Blazin' Cajun (3.5 oz/100 g)
- 02055 Cucumber & Dill (3.9 oz/110 g)
- 02072 Fiesta (3.3 oz/95 g)
- 02056 Garden Vegetable (4.0 oz/115 g)
- 02057 Garlic & Dill (3.7 oz/105 g)
- 06700 Guacamole (3.88 oz/110 g)—**NEW**
- 06701 Salsa (3.88 oz/110 g)—**NEW**
- 02062 Salsa & Sour Cream (3.7 oz/105 g)
- 02065 Tomato & Horseradish (3.7 oz/105 g)

\$9.99 each

Roasted Turkey Gourmet Gravy Mix

H. Inspired by an original recipe from Grandma Watkins, this comfort food is as simple to make as it is to enjoy. Just add water, simmer, and savor the rich, made-from-scratch flavor. (Each can makes 8 cups of gravy.)

21173 (7.76 oz/220 g) **\$9.99**

Country Gourmet Gravy Mix

I. Turn biscuits and mashed potatoes into a hearty meal with this rich and comforting mix. Just add water, simmer, and enjoy!

05704 (6.8 oz/195 g) **\$9.99**



H-I

All-Natural Garlic Grapeseed Oil Liquid Spice

F. Add "fresh from the garden" taste with no peeling, no chopping, and no mincing! Our concentrated, all-natural Liquid Spice has all the flavor of fresh aromatics with the convenience of dried.

01892 (5 fl oz/148 mL) **\$9.99** ✂

All-Natural Grapeseed Oils for dipping and cooking

G. Our all-natural grapeseed oil is lower in saturated fat and higher in unsaturated fats than nearly all other oils. One of the only foods shown to both lower LDL ("bad") cholesterol and increase HDL ("good") cholesterol, its antioxidant content makes it not only healthy, but very stable. A high smoke point makes it perfect for grilling or sautéing. (12.6 fl oz/374 mL)

- 01535 Original
- 01527 Garlic & Parsley

\$12.99 each ✂

BODY CARE



A



E-H

New



I

de-stress and pamper yourself—naturally

Hand and Body Lotions

A. With more than 10 natural oils and extracts, this rich formula provides deep, long-lasting moisture that leaves skin smooth, soft and nourished. Watkins 97-99% natural formulas protect and pamper even the most sensitive skin. (11 fl oz/325 mL)

- 20470 Aloe & Green Tea
- 20510 Coconut Milk & Honey
- 20442 Grapefruit
- 20486 Lavender
- 20487 Lemon Cream
- 20474 Vanilla—Limited Quantities

\$9.99 each ✶



C-D

Lavender Crème Bath

C. Relax and recharge in a warm bath enhanced with luxurious, lavender-scented bubbles (99.15% natural).

20453 (11 fl oz/325 mL) \$11.99

Calming Bath Soak

D. Indulge your skin and relax your senses all at the same time! The sea salts in our 100% natural soak will soften skin, while lavender oil provides the ultimate relaxation.

20485 (14 oz/400 g) \$10.99 ✶

Pomegranate & Acai Body Care—NEW

E-H. J.R. Watkins is excited to offer a new line of body care products, Pomegranate & Acai. Our body care products have been created to provide nourishment and moisture to the skin, leaving your skin soft and smooth. Our products are 97-99% natural formulas, which protect and pamper your skin.

NEW Pomegranate & Acai body care offers:

- Natural antioxidants
- Nutrient-rich fruits with natural skin care ingredients
- Daily nourishment and moisture
- Natural pomegranate fragrance

20556 **Sugar & Shea Body Scrub** (8 oz/226 g) \$12.99

20555 **Bath & Body Oil** (4 fl oz/118 mL) \$8.99

20554 **Hand & Body Lotion** (11 fl oz/325 mL) \$9.99 ✶

40557 **Hand Cream** (3.3 oz/95 g) \$9.99

Body Oil Mists

I. Rich moisturizing sprays are formulated with apricot kernel oil and vitamin E. Perfect for dry skin, the oil is quickly absorbed, leaving skin with a dry, soft feel. (6 fl oz/177 mL)

20447 Coconut Milk & Honey

20444 Grapefruit

20452 Lavender

\$8.99 each

B



Head to Toe Kit

B. Pamper yourself head to toe with our favorite J.R. Watkins personal care products.

Contains:

- 1 Aloe & Green Tea Hand & Body Lotion (1 fl oz/29 mL)
- 1 Lavender Hand & Body Lotion (1 fl oz/29 mL)
- 1 Lemon Cream Hand Cream (0.7 oz/20 g)
- 1 Lavender Body Butter (0.7 oz/20 g)
- 1 Rejuvenating Peppermint Foot Cream (1 fl oz/29 mL)
- 2 Natural Beeswax Lip Balm—stick (0.15 oz/4.25 g each)

20533 \$14.99

J



Bath & Body Oils

J. A luxurious blend of natural oils regarded for their anti-aging and nourishing qualities, these 99-100% natural oils hydrate skin. They are perfect for cuticle care or massages, too! (4 fl oz/118 mL)

20512 Lavender

20448 Lemon

\$8.99 each

K



Lavender Essentials

K. Widely used in aromatherapy applications, lavender oil is well known for its calming properties.

Contains:

- 2 Lavender Hand & Body Lotions (1 fl oz/29 mL each)
- 1 Lavender Bath Soak (1 oz/28 g)
- 1 Lavender Hand Cream (0.7 oz/20 g)
- 1 Lavender Body Butter (0.7 oz/20 g)
- 2 Raspberry Weatherproofing Lip Balm (0.15 oz/4.25 g each)

20545 \$13.99



On The Go! Kit

A. Take J.R. Watkins personal care products wherever your on-the-go lifestyle takes you.

Contains:

- Lavender Hand & Body Lotion (1 fl oz/29 mL)
- Lemon Cream Hand & Body Lotion (1 fl oz/29 mL)
- Aloe & Green Tea Hand Cream (0.7 oz/20 g)
- Natural Beeswax Lip Balm—stick (0.15 oz/4.25 g)

20531 **\$9.99**

Lotion Devotion Kit

B. This medley of natural lotions smooths and nourishes skin naturally with a formula that 10 natural oils and extracts.

Contains:

- Aloe & Green Tea Hand & Body Lotion (1 fl oz/29 mL)
- Lavender Hand & Body Lotion (1 fl oz/29 mL)
- Lemon Cream Hand & Body Lotion (1 fl oz/29 mL)
- Coconut Milk & Honey Hand & Body Lotion (1 fl oz/29 mL)
- Rejuvenating Peppermint Foot Cream (1 fl oz/29 mL)

20537 **\$10.99**

A Few of Our Favorite Things Kit

C. A collection of some of our best-selling apothecary items, this kit is perfect for sampling, traveling or gift-giving!

Contains:

- Lavender Bath & Body Oil (1 fl oz/29 mL)
- Coconut Milk & Honey Hand & Body Lotion (1 fl oz/29 mL)
- Raspberry Weatherproofing Lip Balm (0.15 oz/4.25 g)
- Foot Repair Salve (0.25 oz/7 g)
- Lemon Cream Hand Cream (0.7 oz/20 g)

20440 **\$9.99** ~~1~~



Hands & Feet Retreat Kit

D. Refresh hardworking hands and tired soles with this delightful set that contains everything you need to keep your hands and feet groomed to perfection.

Contains:

- Foot Repair Salve (2.1 oz/59 g)
- Lavender Hand Cream (3.3 oz/95 g)
- Custom nail buffer and file

20438 **\$13.99**

Body Butters

E. Nourishing shea and cocoa butters provide long-lasting hydration, while antioxidant rich plant oils and extracts help protect, soothe and smooth skin. (6 oz/170 g)

- 20561 Apricot & Pequi Oil
- 20563 Coconut Milk & Honey
- 20562 Grapefruit & Ginger
- 20564 Lavender & Roman Chamomile

\$11.99 each

Sugar and Shea Body Scrubs

F. Sugar and shea butter work with natural oils to gently exfoliate and moisturize; this 100% natural formula will leave skin smooth and soft. (8 oz/226 g)

- 20511 Coconut Milk & Honey
- 20443 Grapefruit
- 20451 Lavender
- 20454 Lemon Cream—**NEW**

\$12.99 each



G

Hand Creams

G. Natural shea and cocoa butters are whipped together with more than 10 natural oils and extracts to protect, soothe and condition delicate skin. This 96-98% natural moisturizer is ideal for rough areas (such as hands and feet) or for use as an all-over body moisturizer. (3.3 oz/95 g)

- 40507 Aloe & Green Tea
- 40508 Lavender
- 40509 Lemon Cream

\$9.99 each

SPF 30 Sunscreen

H. Protect your skin from harmful UV A, B, & C rays that can damage skin and cause premature aging. Watkins unique formula is 95% natural and PABA free. Plant-based ingredients and all-natural titanium dioxide provide smooth and even coverage for maximum protection.

12307 (6 fl oz/180 mL) **\$11.99**



H

care for your
little one...naturally!

A-D



Baby Care—Natural from the start...

Use J.R. Watkins Naturals Baby Care line to care for your little one without worry. Made with ingredients as wholesome and harmless as your baby, our products are free of synthetic preservatives, fragrances and dyes.

Baby Oil

A. 100% natural blend of oils and vitamin E provides deep, long-lasting moisture.

20492 (4 fl oz/118 mL) **\$7.99**

Baby Lotion

B. Natural shea butter and sunflower oil in a light, fast-absorbing formula work together to provide all-day moisture that leaves skin smooth, soft and nourished.

20496 (8 fl oz/237 mL) **\$8.99** ✶

Baby Wash

C. Tear-free formula that is 100% natural suds up to gently cleanse skin and hair, leaving baby clean and refreshed.

20495 (7.5 fl oz/222 mL) **\$8.99** ✶

Soothing Baby Balm

D. Formulated with chamomile and calendula extracts, this 100% natural balm helps gently relieve minor skin irritations.

20493 (0.6 oz/17 g) **\$7.99**



E

Hand and Cuticle Salves

E. Formulated with a premium beeswax base, these salves incorporate natural oils that moisturize, nourish and revitalize hardworking hands. Use these 98-100% natural products to protect hands from harsh elements. (2.1 oz/59 g)

20481 Lavender
10490 Aloe & Green Tea
20521 Lemon

\$8.99 each

HOME CARE

F



New

Natural Liquid Hand Soaps

F. Formulated with premium natural ingredients and essential oils, these hardworking soaps will leave hands exceptionally clean and smooth. (11 fl oz/325 mL)

23050 Aloe & Green Tea
23055 Grapefruit
23052 Lavender
23051 Lemon
26815 White Tea & Bamboo—**NEW**

\$4.99 each ✶

H



G



New

Moisturizing Hand Soaps —**NEW**

G. Our mild plant-derived formula includes Vitamin E, aloe and glycerin to clean, nourish and soften hands. (11 fl oz/325 mL)

23056 Pomegranate & Acai
23057 Sweetgrass & Citron

\$4.99 each ✶

Natural Liquid Hand Soap Refills

H. The same top-selling, natural hand soaps you love are available in a value-sized, eco-friendly refill. Refills use 25 percent less plastic packaging than regular-sized bottles and deliver a no mess experience. (24 fl oz/710 mL)

23010 Aloe and Green Tea
23012 Lavender
23011 Lemon

\$5.99 each ✶



I

Eco-Friendly Reusable Bag*

I. Never use harmful plastic bags again! Instead, opt for this eco-friendly bag that can hold up to 20 pounds. It's perfect for the grocery store, a trip to the mall, a stop at the gym or even as an overnight bag.

09697 **\$4.99**

* May ship different than shown.



A

All Purpose Cleaners

A. J.R. Watkins Natural All-Purpose Cleaners quickly remove grease and grime from most surfaces in your home (including appliances, sinks, countertops, floors, walls, fixtures, and more)—without the harsh toxins found in other all-purpose cleaners! (24 fl oz/710 mL)

- 26781 Aloe & Green Tea
- 26787 Grapefruit
- 26783 Lavender
- 26782 Lemon
- 26784 Orange Citrus
- 26810 White Tea & Bamboo—**NEW**

\$4.99 each ✂



B

Watkins Laundry Detergent*

B. Our most earth-friendly, high-performance formula ever is biodegradable and free of phosphates, dyes, and fragrances. Ideal for high-efficiency machines, the ultra concentrated, low-sudsing formula delivers on clean, while keeping the cost per wash lower than many alternative brands. (5 lbs/2.2 kg)

06738 **\$12.99** ✂

*Newer front-loading washers require only 1/8 cup of this detergent, for a yield of 80 loads per box. Standard washing machines will use 1/4 cup per wash (40 loads per box).



C

All Purpose Wipes

C. Effortlessly wipe away dirt and grime with these durable, disposable, all-purpose wipes. Because they are biodegradable, you can toss them without harming the environment. (35 wipes)

- 26701 Aloe & Green Tea
- 26702 Lemon

\$6.99 each ✂



D

Room Fresheners

D. Eliminate odors and create a delightful atmosphere in any room of your home with just a light spray. Each bottle contains more than 600 sprays. (4 fl oz/120 mL)

- 26721 Aloe & Green Tea
- 26723 Lavender
- 26722 Lemon

\$3.49 each



E

Window Cleaners

E. Use this cleaner on your mirrors, glass tabletops and other hard surfaces around your home. The easy-to-use, spray and wipe formula gently lifts away dust, grime and fingerprints. (24 fl oz/710 mL)

- 26798 Aloe & Green Tea
- 26797 Lemon

\$4.49 each ✂



F

Natural Foaming Hand Soaps

F. The moisturizing foam in our premium hand soaps gently cleanses the skin, while our signature fragrances leave hands smelling fresh. (9 fl oz/266 mL)

- 20623 Aloe and Green Tea
- 20624 Coastal Breeze—Limited Quantities
- 20622 Grapefruit
- 20625 Kids' Juicy Sweet Apple—Limited Quantities
- 20626 Lemon—**NEW**

\$4.99 each

Natural Sink Sets—Limited Quantities

G. Take care of hardworking hands with J.R. Watkins Sink Sets, featuring a natural hand soap and hand & body lotion packaged in a sturdy, water-resistant caddy (embossed with the J.R. Watkins logo). Unlock the secret to naturally clean, soft hands!

Aloe & Green Tea Set includes:

- Aloe & Green Tea Natural Hand Soap (11 fl oz/325 mL)
- Aloe & Green Tea Natural Hand & Body Lotion (11 fl oz/325 mL)
- 20472 **\$17.99** ✂

Lavender Set includes:

- Lavender Natural Hand Soap (11 fl oz/325 mL)
- Lavender Natural Hand & Body Lotion (11 fl oz/325 mL)
- 20467 **\$17.99** ✂

Lemon Set includes:

- Lemon Natural Hand Soap (11 fl oz/325 mL)
- Lemon Cream Natural Hand & Body Lotion (11 fl oz/325 mL)
- 20469 **\$17.99** ✂



G

NATURAL REMEDIES



A

Liquid Dish Soaps

A. Natural, earth-friendly formulas are tough on grease but easy on your hands, your home and the environment. J.R. Watkins Natural Liquid Dish Soaps are free of phosphates, dyes, Sodium Lauryl Sulfate and Cocamide DEA. (24 fl oz/710 mL)

- 26771 Aloe & Green Tea
- 26778 Grapefruit
- 26773 Lavender
- 26772 Lemon
- 26774 Orange Citrus
- 26813 White Tea & Bamboo—**NEW**

\$4.99 each ~~5.1~~



B

Moisturizing Dish Soaps—**NEW**

B. Powered with natural ingredients, Watkins dish soap delivers high performance sudsing action that eliminates grease and removes dried-on food. Vitamin E and aloe nourish the skin while glycerin keeps hands moisturized. (24 fl oz/710 mL)

- 26814 Pomegranate and Acai
- 26779 Sweet Grass and Citron

\$4.99 each ~~5.1~~

20 JRWatkins.com



C

D

Orange Citrus Tub & Tile Cleaner

C. Drive away hard water stains and soap scum with this environmentally-friendly cleaner that is safe for your septic system. This cleaner will leave your bathroom tub, tile and fixtures spot-free.

26788 (24 fl oz/710 mL) \$4.99 ~~5.1~~

Lemon Toilet Bowl Cleanser

D. This cleanser works against even the toughest hard water stains on your toilet, sinks, tub and tile. Made with no harsh chemicals—just replenishable and sustainable ingredients—this formula is one of the least acidic or caustic on the market, which makes it safe for septic systems.

26750 (24 fl oz/710 mL) \$5.99 ~~6.1~~



E

Pain Relieving Liniment Spray

E. The natural pain-relieving properties of camphor are blended with the penetrating power of menthol to create a convenient, fast-acting spray that is 96% natural. Sore muscles and arthritis pain have met their match!

12350 (4 fl oz/118.3 mL) \$9.99

Pain Relieving Liniment

F. J.R. Watkins first product is a one-of-a-kind pain reliever made from camphor and capsicum. This 96.5% natural formula absorbs quickly to ease the discomfort caused by minor muscle aches and stiffness.

02317 (11 fl oz/325 mL) \$12.99 ~~13.1~~



F



G

Petro-Carbo First Aid Salve

G. A staple for every medicine cabinet and first aid kit, this versatile product (made from carbolic acid and botanicals) relieves pain and itching associated with minor cuts, scrapes, burns, skin irritations and insect bites.

06613 (4.37 oz/124 g) \$14.99

*find relief with
watkins remedies*



H

I

Deep Muscle Cooling Gel

H. Cool and soothe muscle aches, simple back pain, and minor arthritis with this 97.2% natural menthol formula that works much like an ice-pack.

12309 (3.3 oz/93.6 g) \$8.99

Deep Muscle Warming Balm

I. Wintergreen extract (natural menthyl salicylate), menthol, and capsaicin join forces to warm muscles naturally. The greaseless formula is 99% natural, and it penetrates quickly to relieve muscle aches and minor arthritis.

12311 (3.3 oz/93.6 g) \$8.99

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DIETARY SUPPLEMENTS

solutions for healthy living...

for every stage of your life.



Supplements for Daily Health



Daily Vitamin

This antioxidant-rich formula contains optimal amounts of vitamins and minerals to support healthy aging, boost immunity and enhance physical and mental performance.*

02288 Daily Vitamin (90) **\$27.99**



Immune Support Rezist Plus

Support immune function with ImmunEnhancer—a combination of arabinogalactan (AG) plus pre-and probiotics—Lactospore, and FOS (fructo-oligosaccharides) to enhance the body's natural defenses against harmful invaders.*

02272 Rezist Plus (60) **\$22.99**



Vitamin C

One capsule contains 1000 mg of vitamin C to protect from free radicals and aid in recovery from daily stress.*

02289 Vitamin C (90) **\$24.99**



Weight Management Weight Control

Chromium helps maintain healthy metabolism to support weight control.*

02294 Weight Control (100) **\$24.99**



Energy

This formula balances the natural effects of green tea, cayenne and caffeine to temporarily promote alertness, endurance and relieve fatigue.*

02293 Energy (90) **\$27.99**



Healthy Aging Bone Health

Calcium citrate—the most bioavailable form of calcium—combines with vitamin D, Magnesium and other bone-building ingredients to enhance calcium absorption and help maintain bone health.*

02292 Bone Health (90) **\$24.99**



Eye Health

Lutein, bilberry, and vitamin A help support optimal eye function and vision, helping to slow vision loss that comes with aging.*

02290 Eye Health (90) **\$37.99**



Heart Health

Help maintain your cardiovascular health and keep cholesterol levels in check with Omega-3 fatty acids EPA and DHA.*

02291 Heart Health (70) **\$24.99**



Joint Health

Glucosamine helps to keep joints cushioned and well-lubricated, easing joint pain and stiffness.*

02296 Joint Health (90) **\$29.99**

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Please consult with your doctor before taking any dietary supplements.



A



B-D

Menthol Camphor Cough Suppressant Rub

A. This cooling product helps relieve the congested feeling of a chest cold and suppresses the accompanying cough. The rub also provides temporary relief of arthritic and rheumatic pain, backache, sprains, strains, lumbago, and bruises.

06609 (4.13 oz/117 g) **\$9.99**

Menthol Camphor Relief Mist

B. Diffuse a penetrating blend of menthol, eucalyptus, camphor and thyme into the air, and let the vapors of this 96.18% natural mix help you breathe—especially during cold season. Each bottle contains over 600 sprays.

12340 (4 fl oz/120 mL) **\$9.99**

Menthol Camphor Bath Soak

C. Soothe away aches and pains with this relaxing blend of lavender, eucalyptus, menthol and camphor that is 99.25% natural. Just a bit of this unique blend offers the ultimate in relaxation.

12305 (14 oz/400 g) **\$9.99** ~~14~~

Menthol Lavender Drops

D. Just a few drops of this all-natural (100%) blend made of menthol and lavender will clear your head and let you breathe easier.

02351 (2 fl oz/60 mL) **\$14.99**



E

White Cream Liniment

E. This creamy lotion uses evergreen-based counterirritants to provide temporary relief from arthritic pain and muscle soreness caused by exertion.

02316 (11 fl oz/325 mL) **\$14.99** ~~14~~



F

Natural Menthol Camphor Vapor Rub

F. Use this 95% natural chest rub (made with beeswax and soy bean oil) to relieve symptoms associated with the common cold.

12315 (2.1 oz/59 g) **\$7.99**

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– Tonya Zomer & Michelle Hoogendoorn
Independent Watkins Managers

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– Lois Titus
Independent Watkins Manager

"The Watkins home business opportunity has allowed me to make my own schedule! I spend time on my business when possible and as much time with my family as I need. Plus, I love the products and all the people I meet through Watkins!"



– Juliana Vasiljevic
Independent Watkins Manager



Natural Certification— The industry's highest natural standard.

The Natural Products Association certifies natural products, so you can trust that any Watkins personal care product with the NPA seal contains 95% or more natural content.



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