

Since 1868

TRADE MARK

**HOME BUSINESS  
OPPORTUNITY**

*Our gourmet extracts*

**HAVE BEEN TURNING FOOD TO FAVORITES**

**SINCE 1868**



**Crafted in the USA Since 1868 ... Naturally.™**



**Crafted in the USA  
since 1868 ... Naturally.™**

Dear Friends,

During our 148th year of producing only the finest natural products, all of us at the J.R. Watkins Company want to extend our heartfelt thanks for putting your trust in us. Just as our founder J.R. Watkins did when he started this great company in 1868, we strive to give you nothing but the best. Although there have been many changes throughout our long history, what remains a constant are the guiding principles listed below. More than a century ago, our founder called these the "Watkins Way".

We are proud to carry on J.R. Watkins' vision and continue to believe that his way, the Watkins Way, is what makes the J.R. Watkins Company and our products so special.

Thank you again for being a part of this great tradition.

Yours truly,

Mark Jacobs, CEO

**The WATKINS WAY**

**Based on our Founders Principles established over 100 years ago and our goal to be America's most trusted natural products company.**

**The Highest Quality**

We source only the best ingredients worldwide to meet our premium quality standards.

**The Best Value**

We offer exceptional value for a premium, quality product.

**The Neatest Package**

We strive to provide a package that is authentic, stylish and convenient for our customers.

**The Best Delivery**

We aim to exceed our customers' expectations.

**The Squarest Terms**

We promise to get it right or make it right.

**The Fairest Treatment**

We treat our customers, our employees and our partners with respect.

**The Greatest Uniformity**

We provide products that consistently meet our high standards.

**The Strictest Integrity**

We stick consistently with our values.

**The Broadest Guarantee**

**We invented the money back guarantee in 1868 and continue to stand behind it today.**

All of the above Points of Superiority make up THE WATKINS WAY, and you will agree that it is a good way.



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Food items bearing the Kosher symbol have been developed in accordance with Jewish Dietary Laws. Watkins designated kosher certifying agency has examined these items and has approved that they adhere to stringent kosher standards.



See Watkins Gourmet products recommended by the Cooking Club of America.



The Environmental Protection Agency's *Designed for the Environment* seal ensures cleaning products displaying the seal have been formulated using the safest ingredients for human and environmental health.



Our commitment to never test on animals has been recognized by LeapingBunny.org

**Satisfaction Guaranteed**

If a Watkins product used in your home is, for any reason, considered unsatisfactory, please return it to your Independent Watkins Consultant for a full refund of the purchase price.

**GOURMET**



**Vanilla is the most popular  
flavor in the world**

**Original Double Strength Vanilla**

A. Watkins award-winning Original Vanilla is made from the world's finest Madagascar Bourbon vanilla beans. Our secret low-alcohol, double-strength formula is the best all-purpose vanilla for baking and freezing.

01008 (11 fl oz/325 mL) **\$16.99 Value Size!**

**Double Strength Imitation  
Clear Vanilla Extract**

B. For wedding cakes and other baked goods that need to be pure white, professional bakers choose our colorless Clear Vanilla, which has all of the bake-proof, freeze-proof, double-strength flavor of our famous Original Double Strength Vanilla.

01007 (11 fl oz/325 mL) **\$10.99 Value Size!**

**Madagascar Bourbon  
Pure Vanilla Extract**

C. Watkins uses only the finest Madagascar Bourbon vanilla beans, aged to perfection to create our quality pure vanilla.

60400 (1 fl oz/29 mL) **\$5.99**

60387 (2 fl oz/59 mL) **\$7.99**

**Gourmet Extracts and Flavorings**

D. These quality extracts are concentrated—and all backed by the same expertise that has made Watkins Vanilla the choice of generations. (2 fl oz/59 mL)

- 60380 Almond
- 60431 Banana
- 60432 Butter
- 60445 Caramel
- 60433 Cherry
- 60443 Chocolate\*
- 60434 Cinnamon\*
- 60435 Coconut
- 60378 Hazelnut
- 60436 Maple
- 60452 Pumpkin Spice
- 60438 Raspberry
- 60439 Root Beer
- 60440 Rum
- 60441 Strawberry
- 60389 Vanilla (Clear)

**\$3.49 each**

60390 Vanilla (Original Double Strength) **\$4.79**

\*Limited Quantities





### Baker's-Sized Extracts

A. Watkins provides our superior quality extracts in large, value sizes for serious bakers! (11 fl oz/325 mL)

- 01009 Almond
- 01010 Butter

**\$11.99 each**

### Pure Extracts

- 01011 Pure Lemon **\$12.99**
- 01012 Pure Vanilla **\$21.99**

### Pure Extracts\*

B. Our pure extracts are made from natural oils, so they are free of artificial colors and flavors. For pure flavor, come to Watkins. (2 fl oz/59 mL)

- 60430 Pure Anise
  - 60379 Pure Coffee
  - 60395 Pure Lemon
  - 60437 Pure Mint
  - 60392 Pure Orange
  - 60394 Pure Peppermint
- \$3.49 each**
- 60391 Pure Almond **\$4.49**

### Pure Ground Cinnamon

C. Our award-winning cinnamon has been a part of family rituals for more than 100 years. Watkins cinnamon contains 3–3.5% essential oil, compared to other brands which contain only 1–2%.

- 01115 (6 oz/170 g) **\$8.49**

### Pure Ground Black Pepper

D. We select only the finest sources of premium-grade, top-quality peppercorns with high essential oil content. Experience the Gold Medal-winning taste of the most flavorful pepper on the market.

- 60396 (2 oz/56 g) (not shown) **\$3.99**
- 00581 (4 oz/113 g) (not shown) **\$6.29**
- 01140 (6 oz/170 g) **\$9.99**
- 01141 (12 oz/340 g) **\$16.49**

## Simply Sweet Strawberry Shortcakes

- 2 cups/500 mL all-purpose flour
- 1/4 cup/60 mL sugar
- 1 tbsp/15 mL baking powder
- 1/2 tsp/2.5 mL baking soda
- 1/2 tsp/2.5 mL **Watkins Pure Ground Cinnamon**

- 1/2 tsp/2.5 mL **Watkins All Natural Gourmet Orange Peel**

- 1/2 tsp/2.5 mL salt
- 1/4 cup/60 mL butter
- 1/4 tsp/1 mL **Watkins Original Double Strength Vanilla Extract**
- 1-1/4 - 1-1/2 cups/310 – 375 mL heavy cream
- 1/4 cup/60 mL walnuts, chopped (optional)

Preheat oven to 400° F/200° C. Mix together flour, sugar, baking powder, baking soda, cinnamon, orange peel, salt and butter. Stir in vanilla, cream and walnuts. Drop on baking sheet using a 1/4 cup/60 mL measuring cup. Brush with butter and sprinkle with sugar and cinnamon, if desired. Bake for 15 to 20 minutes or until brown. Cool shortcakes and cover with strawberries and whipped cream.

### Whipping Cream

- 2 tbsp/30 mL sugar
- 1 cup/250 mL whipping cream

Place the sugar into a chilled mixing bowl and add the whipping cream. Whisk just until the cream reaches stiff peaks. Split shortcakes in half; spoon strawberries between halves with whipping cream and top off with additional strawberries and whipping cream.



## Peppery Beef Kebabs

### Spice Rub:

- 1 tbsp/15 mL **Watkins Black Pepper**
- 1 tbsp/15 mL **Watkins Cumin**
- 1 tsp/5 mL **Watkins Chili Powder**
- 2 tsp/10 mL **Watkins Curry Powder**
- 2 tsp/10 mL **Watkins Sea Salt**, freshly ground
- 1 tsp/5 mL **Watkins Paprika**
- 1 tsp/5 mL **Watkins Allspice**
- 1/2 tsp/2.5 mL **Watkins Cayenne Pepper**
- 1 tsp/5 mL **Watkins Pure Ground Cinnamon**

**Directions:** 1 lb/450 g sirloin, cut 1-inch/2.5-cm cubes. Cut Bell peppers, onions, mushrooms or vegetables of choice into chunks. In small bowl stir together spice rub ingredients. Sprinkle sirloin with about 2 tbsp/30 mL spice rub. Reserve remaining rub in airtight container for future use. Thread beef onto skewers along with vegetables. Grill or broil turning occasionally, until meat is cooked to desired doneness, about 5 to 7 minutes. Serve atop a bed of cooked couscous or rice.



### Cooking Spray

E. Non-stick butter-flavored cooking spray lets you achieve virtually fat-free cooking. Nearly 1,600 servings per can!

01040 (14 oz/397 g) **\$8.99**



A



B

## Gourmet Herbs & Spices

A. For over 100 years, Watkins has offered only the best herbs and spices from around the world. Our spices contain only the highest volatile oils and are packaged for optimal freshness.

- 00605 Curry Powder (1.76 oz/50 g)
- 00649 Garam Masala (1.73 oz/49 g)
- 00634 Herbes de Provence (0.63 oz/18 g)
- 00610 Onion Powder (2.12 oz/60 g)
- 00611 Oregano Leaves (0.53 oz/15 g)
- 00613 Parsley Flakes (0.21 oz/6 g)
- \$3.98 each**
- 00658 Creamy Cinnamon Sugar (3.39 oz/96 g)
- \$4.49**
- 00647 Allspice (ground) (1.62 oz/46 g)
- 00601 Basil (0.46 oz/13 g)
- 00631 Caraway Seed (1.76 oz/50 g)
- 00620 Cayenne Red Pepper (ground) (1.76 oz/50 g)
- 00627 Celery Seed (1.83 oz/52 g)
- 00625 Chipotle Chile Pepper (2.01 oz/57 g)
- 00663 Chipotle Lime (2.50 oz/71 g)—**NEW**
- 00635 Chives (chopped) (0.12 oz/3 g)\*
- 00644 Cilantro Leaves (0.46 oz/13 g)\*
- 00603 Cinnamon (Saigon) (1.83 oz/52 g)
- 00622 Coriander Seed (ground) (1.3 oz/37 g)
- 00604 Cumin (ground) (1.52 oz/43 g)
- 00623 Fennel Seed (1.52 oz/43 g)
- 00607 Garlic Powder (2.68 oz/76 g)
- 00621 Italian Seasoning (0.63 oz/18 g)
- 00630 Marjoram Leaves (0.28 oz/8 g)
- 00609 Mustard (ground) (1.76 oz/50 g)
- 00612 Paprika (ground) (1.76 oz/50 g)
- 00619 Paprika (smoked) (1.9 oz/54 g)
- 00626 Poppy Seed (2.29 oz/65 g)
- 00633 Red Pepper (crushed) (1.20 oz/34 g)
- 00614 Rosemary (crushed) (1.06 oz/30 g)
- 00615 Sage (ground) (0.63 oz/18 g)
- 00629 Sesame Seed (2.08 oz/59 g)
- 00665 Sriracha (2.20 oz/62 g)—**NEW**
- 00616 Thyme (0.70 oz/20 g)
- 00632 Turmeric (ground) (2.01 oz/57 g)
- 00638 White Pepper (ground) (1.94 oz/55 g)
- \$4.98 each**

- 21912 Garlic Herb Seasoning (1.76 oz/50 g)
- 00656 Pumpkin Spice (1.83 oz/52 g)
- \$5.29 each**
- 00602 Chili Powder (2.12 oz/60 g)
- 00652 Chinese Five Spice Blend (1.76 oz/50 g)
- 00637 Cream of Tartar (2.82 oz/80 g)
- 00606 Dill Weed (0.53 oz/15 g)
- 00608 Ginger (ground) (1.62 oz/46 g)
- 00648 Orange Peel (1.59 oz/45 g)
- 00641 Poultry Seasoning (1.27 oz/36 g)
- 00624 Tarragon Leaves (0.38 oz/11 g)
- \$5.98 each**
- 00628 Bay Leaves (0.21 oz/6 g)
- 00642 Cinnamon Sticks (0.88 oz/25 g)
- 00653 Lemon Peel (1.62 oz/46 g)
- 00618 Nutmeg (ground) (1.94 oz/55 g)
- \$6.98 each**
- 22006 Onion & Garlic Pepper (2.29 oz/65 g)
- \$6.99**
- 00617 Cloves (ground) (1.76 oz/50 g)
- \$8.98**
- 00639 Cardamom (ground) (1.76 oz/50 g)
- 00655 Cloves (whole) (1.27 oz/36 g)
- 00651 Madagascar Vanilla Beans (2 beans)
- \$10.98 each**
- 00654 Saffron (spanish) (0.07 oz/2 g) **\$21.98**

\*Limited Quantities

## Gourmet Grinders

B. Satisfy your craving for seasonings with Watkins grinders. These disposable grinders have a unique, eye-catching design, and top-quality ingredients that will please your palate. The grinders are convenient and easy to use—just twist to grind.

- 00534 Chicken Seasoning (1.9 oz/54 g)
- 00531 Coarse Sea Salt (3.1 oz/90 g)
- 00532 Four Peppercorn Blend (1.6 oz/48 g)
- 00533 Garlic Peppercorn Blend (2.2 oz/65 g)
- 00539 Garlic Sea Salt (2.65 oz/75 g)
- 00537 Lemon Pepper (2.40 oz/68 g)
- 00541 Steak & Chops Seasoning (1.9 oz/54 g)
- 00530 Whole Black Peppercorns (1.7 oz/50 g)
- \$5.99 each**

## Chipotle Lime Chicken Kabobs with Avocado Cream Sauce

### Chicken:

- 2 tbsp/30 mL **Watkins Chipotle Lime Gourmet Seasoning**
- 1 tsp/5 mL kosher salt
- 1 tbsp/15 mL brown sugar
- 3/4 cup/180 mL vegetable oil
- 2 lbs/900 g chicken breasts cut into 1-1/2 - 2 inch/3.75-5 cm pieces

### Avocado cream sauce:

- 1 avocado, split and pitted
- 1/2 cup/125 mL low-fat greek yogurt
- 1 clove garlic, minced
- Juice of 1 lime
- 1/2 tsp/2.5 mL **Watkins Chipotle Lime Gourmet Seasoning**
- Salt and pepper, to taste

In a medium bowl, whisk together spice, salt, sugar and oil. Add chicken pieces to mixture and mix to coat well. Cover, refrigerate, and let marinate for 30-60 minutes. Meanwhile, heat a grill to medium-high and oil the grates. Soak wooden skewers in water to prevent charring/burning. After marinating, thread chicken onto presoaked skewers. Dispose of the excess marinade. Place kabobs on the grill and let cook, turning until all sides are slightly browned and the internal temperature registers 160° F/71° C. Remove to a plate and let rest 5-10 minutes. To make the sauce, combine the avocado, yogurt, garlic, lime juice and spice in food processor or blender. Blend until smooth. Season to taste with salt and pepper. Serve alongside kabobs for dipping.





A

### Gourmet Snack & Dip Seasonings

A. Create crowd-pleasing dips, spreads, cheese balls, and more with our versatile Gourmet Snack & Dip Seasonings.

- 02069 Blazin' Cajun (3.5 oz/100 g)
- 02055 Cucumber & Dill (3.9 oz/110 g)
- 02057 Garlic & Dill (3.7 oz/105 g)
- 06700 Guacamole (3.88 oz/110 g)
- 06701 Salsa (3.88 oz/110 g)
- 02062 Salsa & Sour Cream (3.7 oz/105 g)

**\$9.99 each**



B

### Grapeseed Oils for dipping and cooking

B. Our Grapeseed Oil is lower in saturated fat and higher in unsaturated fats than nearly all other oils. A high smoke point makes it perfect for grilling or sautéing. (12.6 fl oz/374 mL)

- 01535 Original
- 01527 Garlic & Parsley

**\$12.99 each**



C

### Gourmet Original Barbecue Sauce\*

C. Our expertly-blended, sweet and spicy sauce is the perfect addition to any backyard barbecue!

01150 (14.5 oz/411 g) **\$6.99**

\*Limited Quantities



D

### Gourmet Seasoning Mixes

D. Gourmet meals are made simple with Watkins Gourmet Seasoning Mix pouches. These convenient no-measure, one-time use pouches ensure you have the perfect recipe every time. Made with natural spices, no artificial flavors, and no added MSG, these mixes will satisfy your family's cravings for flavor and quality.

Purchase in a quantity of 12 eaches\*, same flavor, to receive a display box for convenient organization (shown below).

- 06691 Brown Gravy (0.87 oz/24 g)
- 06690 Taco Seasoning (1.25 oz/35 g)

**\$0.99 each**

- 06695 Fajita Seasoning (1.02 oz/29 g) **\$1.19**

- 06694 Chicken Gravy (0.87 oz/24 g)
- 06692 Chili Seasoning (1.25 oz/35 g)
- 06693 Turkey Gravy (0.87 oz/24 g)

**\$1.39 each**

- 06698 Country Gravy (2.64 oz/74 g) **—NEW**

**\$1.49**

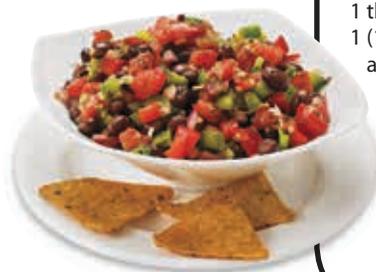
\* Country Gravy Tray in quantities of 6 each

### *Black Bean & Citrus Salsa*

- 1 large tomato, diced
- 1 red bell pepper, diced
- 1 green bell pepper, diced
- 1/3 cup/80 mL red onion, finely chopped
- 1 small bunch scallions, chopped
- 1 tsp/5 mL **Watkins Cumin**
- 1 tsp/5 mL garlic flakes
- 1 tsp/5 mL hot pepper sauce
- 1 tbsp/15 mL **Watkins Cilantro Leaves**
- 1 tbsp/15 mL **Watkins Salsa Snack & Dip Seasoning**
- 1 tbsp/15 mL **Watkins Grapeseed Oil**
- 1 (16 oz/454 g) can black beans, drained and rinsed

Freshly-ground **Watkins Sea Salt**  
Juice of half a lime (optional)

*Combine all ingredients; refrigerate for at least 4 hours before serving.*



E

### Soup and Gravy Bases

E. Whip up delicious stocks, gravies and sauces with ease. Real beef, chicken and other wholesome ingredients provide homemade flavor without the expense of canned soups and saltiness of bouillon cubes.

- 21175 Beef (8.29 oz/235 g)
- 21176 Chicken (8.29 oz/235 g)
- 21178 Onion (8.64 oz/245 g)

**\$9.99 each**

# BODY CARE



A

## Castile Liquid Soaps

A. Made with coconut and olive oils, this concentrated Castile Liquid Soap is naturally pure and gentle, as well as extremely effective and versatile. Use with warm water to gently cleanse hands, body, face or untreated hair. May also be used as a powerful eco-friendly cleaner in the home. For dilution suggestions, visit [JRWatkins.com](http://JRWatkins.com). (11 fl oz/325 mL)

23074 Peppermint  
23073 Lavender  
23072 Clary Sage

**\$7.99 each**

## Castile Bar Soaps

B. Our Castile Bar Soap is made with coconut and olive oils for a naturally pure and gentle cleanser for hands, face, body and more. (8 oz/226 g)

23082 Peppermint  
23081 Lavender  
23080 Clary Sage

**\$4.99 each**



B

These olive oil soaps originated centuries ago in the Castile region of Spain. J. R. Watkins Pure Castile Soaps are based on tried-and-true, simple and effective vegetable oil soap formulas. Naturally free from dyes, sulfates and preservatives. No animal testing or animal byproducts.



C

## Sugar and Shea Body Scrubs

C. Sugar and shea butter work with natural oils to gently exfoliate and moisturize; this 100% natural formula will leave skin smooth and soft. (8 oz/226 g)

20454 Lemon Cream  
20511 Coconut Milk & Honey  
20451 Lavender  
20556 Pomegranate & Acai  
20443 Grapefruit

**\$12.99 each**



D

## Hand and Cuticle Salves

D. Formulated with a premium beeswax base, these salves incorporate natural oils that moisturize, nourish and revitalize hardworking hands. Use these natural products to protect hands from harsh elements. (2.1 oz/59 g)

20521 Lemon  
20481 Lavender  
10490 Aloe & Green Tea

**\$8.99 each**





A

### Hand and Body Lotions

A. With natural oils and extracts, this rich formula provides deep, long-lasting moisture that leaves skin smooth, soft and nourished. Watkins 98–99% natural formulas protect and pamper even the most sensitive skin. (11 fl oz/325 mL)

- 20487 Lemon Cream
- 20510 Coconut Milk & Honey
- 20486 Lavender
- 20470 Aloe & Green Tea
- 20554 Pomegranate & Acai
- 20442 Grapefruit

**\$9.99 each**



B

### Calming Bath Soak

B. Indulge your skin and relax your senses all at the same time! The sea salts in our 100% natural soak will soften skin, while lavender oil provides the ultimate relaxation.

20485 (14 oz/400 g) **\$10.99**



C

### Bath & Body Oils

C. A luxurious blend of 99% natural oils hydrate and nourish the skin. They are perfect for cuticle care or massages, too! (4 fl oz/118 mL)

- 20448 Lemon
- 20512 Lavender
- 20555 Pomegranate & Acai

**\$8.99 each**



D

### Body Butters

D. Nourishing shea and cocoa butters provide long-lasting hydration, while antioxidant rich plant oils and extracts help protect, soothe and smooth skin. (6 oz/170 g)

- 20563 Coconut Milk & Honey
- 20564 Lavender
- 20562 Grapefruit

**\$11.99 each**



E-H

### Anti-Aging Cream Body Wash

E. This innovative, ultra-moisturizing cream wash combines gentle plant-based cleansers with substantive emollient ingredients to deliver an ultra-soft skin feel unlike any other body wash. Perfect for daily cleansing and shaving!

20303 (10 fl oz/296 mL) **\$9.99**

### Anti-Aging Body Serum

F. Oil-based serum provides concentrated skin nourishment to improve the look and feel of your skin—naturally! Best applied to damp skin immediately after cleansing.

20301 (4 fl oz/118 mL) **\$8.99**

### Anti-Aging Body Cream

G. Delivers rich, pure-plant emollients plus age-defying antioxidants for soft, supple skin. Layer on skin after application of Anti-Aging Body Serum to lock in moisture for long-lasting effects.

20300 (8 oz/226 g) **\$12.99**

### Anti-Aging Hand Cream

H. A non-greasy, velvety cream enriched with age-defying antioxidants helps maintain youthful-looking hands. Massage into hands, nails and cuticles to nourish and protect.

20302 (4 oz/113 g) **\$9.99**

### Ultra-Moisturizing Lip Balms

I. Nourish lips with our 100% natural formula crafted with premium beeswax, sunflower and coconut oils. Available in three, classic flavor favorites. (0.15 oz/4.25 g)

- 13540 Peppermint
- 13541 Raspberry
- 13542 Menthol

**\$2.99 each**



I



A



B



E

New

### Lotions Devotion Kit

A. This medley of natural lotions smooths and nourishes skin naturally with a formula that includes natural oils and extracts.

Contains:

- Aloe & Green Tea Hand & Body Lotion (1 fl oz/29 mL)
- Lavender Hand & Body Lotion (1 fl oz/29 mL)
- Lemon Cream Hand & Body Lotion (1 fl oz/29 mL)
- Coconut Milk & Honey Hand & Body Lotion (1 fl oz/29 mL)
- Rejuvenating Peppermint Foot Cream (1 fl oz/29 mL)

20537 **\$10.99**

### Head to Toe Kit

B. Pamper yourself head to toe with our favorite J.R. Watkins personal care products.

Contains:

- 1 Aloe & Green Tea Hand & Body Lotion (1 fl oz/29 mL)
- 1 Lavender Hand & Body Lotion (1 fl oz/29 mL)
- 1 Lemon Cream Hand Cream (0.7 oz/20 g)
- 1 Lavender Body Butter (0.7 oz/20 g)
- 1 Rejuvenating Peppermint Foot Lotion (1 fl oz/29 mL)
- 2 Peppermint Lip Balms (0.15 oz/4.25 g each)

20533 **\$14.99**



C-D

### On The Go! Kit

C. Take J.R. Watkins personal care products wherever your on-the-go lifestyle takes you.

Contains:

- Lavender Hand & Body Lotion (1 fl oz/29 mL)
- Lemon Cream Hand & Body Lotion (1 fl oz/29 mL)
- Aloe & Green Tea Hand Cream (0.7 oz/20 g)
- Peppermint Lip Balm (0.15 oz/4.25 g)

20531 **\$9.99**

### Lavender Essentials

D. Enjoy the calming properties of lavender oil with this essential kit.

Contains:

- 2 Lavender Hand & Body Lotions (1 fl oz/29 mL each)
- 1 Lavender Bath Soak (1 oz/28 g)
- 1 Lavender Hand Cream (0.7 oz/20 g)
- 1 Lavender Body Butter (0.7 oz/20 g)
- 2 Raspberry Lip Balms (0.15 oz/4.25 g each)

20545 **\$13.99**

### Hand Creams

E. Natural shea and cocoa butters are whipped together with more than 10 natural oils and extracts to protect, soothe and condition delicate skin. This 98–99% natural moisturizer is ideal for rough areas (such as hands and feet) or for use as an all-over body moisturizer. (3.3 oz/95 g)

- 40509 Lemon Cream
- 40508 Lavender
- 40507 Aloe & Green Tea
- 40557 Pomegranate & Acai
- 40518 Grapefruit
- 40511 Coconut Milk & Honey—**NEW**

**\$9.99 each**



F

### Foot Repair Salve

F. This salve is 99% natural and specifically blended to soothe and restore the skin on overworked or callused heels and toes.

20480 (2.1 oz/59 g) **\$8.99**



G

### Rejuvenating Foot Lotion

G. Formulated with pure peppermint oil, our 99% natural foot lotion will provide a burst of tingling, aromatic peppermint while rejuvenating dry, aching feet.

20478 (11 fl oz/325 mL) **\$9.99**

# HOME CARE



A



D

## Foaming Hand Soaps

A. The moisturizing foam in our premium hand soaps gently cleanses the skin, while our signature fragrances leave hands smelling fresh. (9 fl oz/266 mL)

- 20626 Lemon
- 20623 Aloe & Green Tea
- 20622 Grapefruit
- 20627 Lavender

**\$4.99 each**



B

## Room Fresheners

B. Eliminate odors and create a delightful atmosphere in any room of your home with just a light spray. Each bottle contains more than 600 sprays. (4 fl oz/118 mL)

- 26722 Lemon
- 26721 Aloe & Green Tea
- 26723 Lavender
- 26728 Coconut—**NEW**

**\$3.49 each**



C

## Orange Citrus Tub & Tile Cleaner

C. Drive away hard water stains and soap scum with this environmentally-friendly cleaner that is safe for your septic system. This cleaner will leave your bathroom tub, tile and fixtures spot-free.

26788 (24 fl oz/710 mL) **\$4.99**

## Liquid Hand Soaps

D. Formulated with premium natural ingredients, these hardworking soaps will leave hands exceptionally clean and smooth. (11 fl oz/325 mL)

- 23051 Lemon
- 23050 Aloe & Green Tea
- 23055 Grapefruit
- 23052 Lavender
- 26815 White Tea & Bamboo
- 23058 Coconut—**NEW**
- 23054 Melon—**NEW**

**\$4.99 each**



F

## Liquid Hand Soap Refills

F. Our same top-selling hand soaps you love are available in a value-sized, eco-friendly refill. Refills use 25% less plastic packaging than regular-sized bottles and deliver a no mess experience. (24 fl oz/710 mL)

- 23011 Lemon
- 23010 Aloe and Green Tea
- 23012 Lavender

**\$5.99 each**



E

## Eco-Friendly Reusable Bag

E. Never use harmful plastic bags again! Instead, opt for this eco-friendly bag that can hold up to 20 pounds. It's perfect for the grocery store, a trip to the mall, a stop at the gym or even as an overnight bag.

09697 **\$4.99**



A

### All Purpose Cleaners

A. All-Purpose Cleaners quickly remove grease and grime from most surfaces in your home (including appliances, sinks, countertops, floors, walls, fixtures, and more)—without harsh toxins. (24 fl oz/710 mL)

- 26782 Lemon
- 26781 Aloe & Green Tea
- 26787 Grapefruit
- 26783 Lavender
- 26810 White Tea & Bamboo
- 26791 Coconut—**NEW**

**\$4.99 each**



B

### All Purpose Wipes

B. Effortlessly wipe away dirt and grime with these durable, disposable, all-purpose wipes. Because they are biodegradable, you can toss them without harming the environment. (35 wipes)

- 26702 Lemon
- 26701 Aloe & Green Tea

**\$6.99 each**



C

### Laundry Detergent\*

C. Our most earth-friendly, high-performance formula ever is biodegradable and free of phosphates, dyes, and fragrances. Ideal for high-efficiency machines, the ultra concentrated, low-sudsing formula delivers on clean, while keeping the cost per wash lower than many alternative brands. (5 lbs/2.2 kg)

06738 **\$12.99**

\*Newer front-loading washers require only 1/8 cup of this detergent, for a yield of 80 loads per box. Standard washing machines will use 1/4 cup per wash (40 loads per box).



D

### Liquid Dish Soaps

D. Earth-friendly formulas are tough on grease but easy on your hands, your home and the environment. J.R. Watkins Liquid Dish Soaps are non-toxic, free from ammonia, bleach, dye and phosphate. (24 fl oz/710 mL)

- 26772 Lemon
- 26771 Aloe & Green Tea
- 26778 Grapefruit
- 26773 Lavender
- 26813 White Tea & Bamboo
- 26774 Orange Citrus
- 26775 Coconut—**NEW**

**\$4.99 each**



E

### Lemon Toilet Bowl Cleanser

E. This cleanser works against even the toughest hard water stains on your toilet, sinks, tub and tile. Made with no harsh chemicals—just replenishable and sustainable ingredients—this formula is one of the least acidic or caustic on the market, which makes it safe for septic systems.

26750 (24 fl oz/710 mL) **\$5.99**



F

### Moisturizing Dish Soaps

F. J.R. Watkins Moisturizing Dish Soaps deliver high performance sudsing action that eliminates grease and removes dried-on food. Vitamin E and aloe nourish the skin while glycerin keeps hands moisturized. (24 fl oz/710 mL)

- 26814 Pomegranate & Acai
- 26779 Sweetgrass & Citron

**\$4.99 each**

# REMEDIES



## Pain Relieving Liniment Spray

A. The natural pain-relieving properties of camphor are blended with the penetrating power of menthol to create a convenient, fast-acting spray that is 99% natural. Sore muscles and arthritis pain have met their match!  
12350 (4 fl oz/118.3 mL) **\$9.99**

## Pain Relief Liniment

B. J.R. Watkins first product is a one-of-a-kind pain reliever made from camphor and capsicum. This natural formula absorbs quickly to ease the discomfort caused by minor muscle aches and stiffness.  
02317 (11 fl oz/325 mL) **\$12.99**

## Petro-Carbo First Aid Salve

C. A staple for every medicine cabinet and first aid kit, this versatile product made from carbolic acid and botanicals relieves pain and itching associated with minor cuts, scrapes, burns, skin irritations and insect bites.  
06613 (4.37 oz/124 g) **\$14.99**

## Menthol Camphor Cough Suppressant Rub

D. This cooling product helps relieve the congested feeling of a chest cold and suppresses the accompanying cough. The rub also provides temporary relief of arthritic and rheumatic pain, backache, sprains, strains, lumbago, and bruises.  
06609 (4.13 oz/117 g) **\$9.99**



## White Cream Liniment

G. This creamy lotion uses evergreen-based counterirritants to provide temporary relief from arthritic pain and muscle soreness caused by exertion.  
02316 (11 fl oz/325 mL) **\$14.99**

## Menthol Camphor Relief Mist

H. Diffuse a penetrating blend of menthol, eucalyptus and camphor into the air, and let the vapors of this 98% natural mix help you breathe—especially during cold season. Each bottle contains over 600 sprays.  
12340 (4 fl oz/120 mL) **\$9.99**



## Menthol Camphor Bath Soak

I. Soothe away aches and pains with this relaxing blend of lavender, eucalyptus, menthol and camphor that is 99% natural. Just a bit of this unique blend offers the ultimate in relaxation.  
12305 (14 oz/400 g) **\$9.99**

## Menthol Lavender Drops

J. Just a few drops of this all-natural (99%) blend made of menthol and lavender will clear your head and let you breathe easier.  
02351 (2 fl oz/60 mL) **\$14.99**

## Deep Muscle Cooling Gel

E. Cool and soothe muscle aches, simple back pain, and minor arthritis with this 97% natural menthol formula that works much like an ice-pack.  
12309 (3.3 oz/93.6 g) **\$8.99**

## Deep Muscle Warming Balm

F. Wintergreen extract (natural menthyl salicylate), menthol, and capsaicin join forces to warm muscles naturally. The greaseless formula is 99% natural, and it penetrates quickly to relieve muscle aches and minor arthritis.  
12311 (3.3 oz/93.6 g) **\$8.99**



## Natural Menthol Camphor Vapor Rub

K. Use this 95% natural chest rub (made with beeswax and soy bean oil) to relieve symptoms associated with the common cold.  
12315 (2.1 oz/59 g) **\$7.99**



Eleisia Whitney ID# 335001  
Independent Watkins Manager

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Business Opportunity

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\$39.95 Paper Membership Packet



### Consider Starting Your Own Watkins Home Business

*"Watkins has given us complete financial freedom, time freedom and most importantly—extra time to spend with family. This has happened because people love Watkins Products and trust the company. We feel like there is no business like show business, working events like fairs, festivals and markets. We love it! When you join Watkins, it is like joining a family. We invite you to enjoy the wonderful Watkins family."*

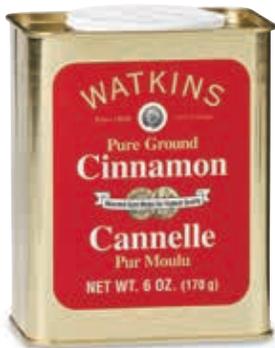
- Sue & Ed Williams  
Independent Watkins Executives

*"I love this business! Using the wonderful Watkins products in our own home and sharing the Watkins Home Business opportunity with others is so rewarding. I have the freedom to work when I choose and from where I choose, which is at home! It is very rewarding assisting others in joining and growing their own Watkins businesses and watching them succeed. All this along with the great income potential make Watkins an opportunity second to none."*

- Anne Thomas  
Independent Watkins Executive

*"We have enjoyed building a business run from home, that has brought us together with wonderful people who are part of our team—our customers and fellow Watkins Consultants. Watkins has provided us a secure income and lifestyle that allows time for family and fun. We have enjoyed many world class trips compliments of the company, while building a business comprised of 'Fun, Fast & Easy' Party Plan, event selling and serving repeat order customers."*

- Karen & Keith Hagen  
Independent Watkins Executives



### Our Commitment to Natural, Safe and Responsible products.

J.R. Watkins offers products that deliver a superior experience, using environmentally-friendly and responsible ingredients and packaging.

**Responsible and Renewable Ingredients.** Made from 95% or more natural ingredients, our natural personal care and home care formulas are nontoxic, free from Ammonia, Chlorine Bleach, Parabens, Glycols, Phthalates, Phosphates, Formaldehyde Donors, and Dyes.

### Environmentally-responsible packaging.

We avoid excess packaging, and utilize recyclable, eco-friendly materials, including 25% PCR (post-consumer recycled plastic) when possible.

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